



YALE-NEW HAVEN HOSPITAL

Located on the Connecticut shore, **Yale-New Haven Hospital** is a 944-bed tertiary care facility recognized as one of “America’s Best Hospitals” by *U.S. News & World Report*. Boasting a longstanding affiliation with Yale University Schools of Nursing and Medicine, an international reputation for leading-edge research and advanced care, and extensive, state-of-the-art facilities, Yale-New Haven Hospital is proud to offer nursing professionals a wide range of choices — from opportunities for the moment to careers for life.

New Haven, Connecticut
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Yale-New Haven Psychiatric Hospital General Adult Psychiatric Service

GENERAL ADULT INPATIENT PROGRAM

The General Adult Inpatient Program at Yale-New Haven Psychiatric Hospital is a 24/7 locked inpatient unit serving 25 adults ages 18 and older with a variety of admitting diagnoses and presenting problems. Most patients are admitted secondary to suicidality, homicidality, psychosis, and/or marked decline in functioning. The average length of stay is 5-10 days, and primary goals include the completion of a comprehensive, multidisciplinary biopsychosocial assessment, crisis intervention and stabilization, and disposition planning. Each patient participates in a highly structured day that includes a variety of cognitive-behavioral groups with focus on feelings management, problem-solving and social skills; group psychotherapy; family therapy; as-needed individual therapy; and milieu therapy with a focus on behavior modification. This program is primarily insurance-funded.

GENERAL ADULT PARTIAL HOSPITAL PROGRAM

The General Adult Partial Hospital Program is a 4-5 hour per day, 5 day per week (Monday-Friday) program serving adults 18 and older with a variety of admitting diagnoses and presenting problems. Most patients are admitted secondary to severe mood disorders, chronic suicidal ideation, substance abuse, family conflicts and/or disruptive behavior disorders and the need for intensive supervision, structure and support. Comprehensive and multidisciplinary biopsychosocial evaluations are completed when indicated.

Each patient participates in a variety of cognitive-behavioral groups that focus on feelings management, problem-solving and social skills; group psychotherapy; family therapy and milieu therapy with a focus on behavior modification and attaining a more adaptive level of functioning. Patients who are diagnosed with a substance abuse disorder also participate in a variety of specialized activities which include substance abuse education and relapse prevention. Generally, individual therapy and medication maintenance are not provided. To the extent possible, each patient is required to have an outpatient therapist and, if indicated, a medicating physician in order to provide continuity of care with community-based clinicians (given the relatively short length of stay in the PHP). When necessary, the PHP will provide interim medication maintenance. The program is primarily insurance-funded.

INTENSIVE OUTPATIENT PROGRAM

The General Adult Intensive Outpatient Program is a 2-3 hour per day, 5 day per week (Monday-Friday) program serving adults 18 and older with a variety of admitting diagnoses and presenting problems. This program is for adults who do not require the level of supervision, structure and support provided through the PHP but who require more intensive intervention than is readily provided in outpatient settings. They benefit from group psychotherapy, psychosocial rehabilitation and milieu therapy as an adjunct to individual and family therapy. This program is primarily insurance-funded.